



McLeod Lake Indian Band

General Delivery, McLeod Lake, BC V0J 2G0
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Covid 19

April 21, 2020

Dear McLeod Lake Indian Band Member:

There has been a suspected case of Covid-19 in the community of MLIB IR #1. Chief and Council, Band Administration and Emergency Management McLeod Lake have been made aware of the suspected case.

In response to this report, measures are being taken to ensure the health and safety of the community:

- Going forward the security check point at the north end of Sekani Drive will be 24 hours per day.
- All unauthorized employees, general public, non-essential services and non-residents will be turned away.
- BC Ambulance and the RCMP have been notified of the changes and will be allowed to enter the community.
- Access to the Band hall will be by appointment only, **no exceptions will be made**. If you are sick at the time you call you will be denied an appointment until you are well.

There are steps that you can take to make it safer for yourself and the community as a whole:

- Maintain physical distancing of a minimum of 6 feet at all times from any persons who are not directly from your home. Always social distance yourself from other even in a vehicle.
- Do not visit other homes in the community or outside of the community, or allow visitors to your home.
- Do not congregate in groups and we strongly recommend to avoid attending 'parties'.
- Do not let children gather or play with other children not from their own home.
- Only leave the community for essential items required to sustain life. Be advised, the Health Team is offering a grocery delivery service especially for elders and vulnerable members. Please contact the Health Team to see if you qualify for this service.
- Send only one family member to do essential shopping or supply runs.
- Consider quarantining (self-isolating) yourself for 2-weeks should you have to leave the community and return to the community.
- Do educate yourself on the Covid-19 virus at the link below
<https://www.healthlinkbc.ca/health-feature/coronavirus-disease-covid-19>
- Do keep in contact with relatives and friends by phone, video chat or from a safe distance.
- Do continue to seek medical and mental health for yourselves.
- **Contact the MLIB Emergency Number at 250- 997-1510 or Health Director, Meaghan Van Somer: 250-851-5172**

We as a group can and will get through this, but we all need to do our part. Be safe, stay home. Together we can stop the spread the COVID-19.

We appreciate your cooperation and understanding.

Adele Chingee, Band Administrator